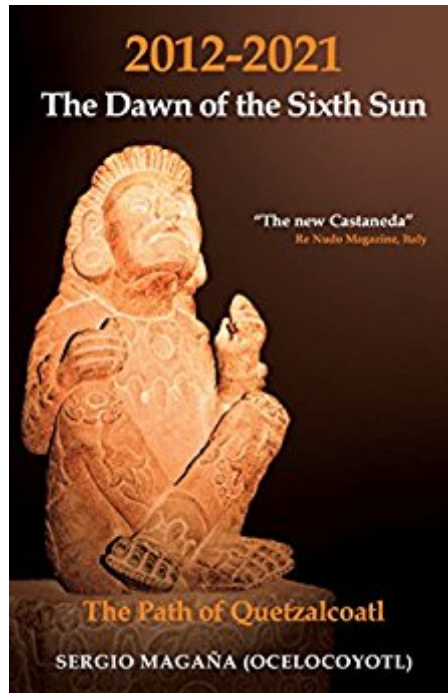


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2012-2021: The Dawn Of The Sixth Sun Sun The Path Of Quezalcoatl



Synopsis

"According to the Toltec/Aztec calendar, which describes larger cycles of time or â œSunsâ • than the Mayan calendar, humanity has been in a transition that started in 1991, moving from the 5th to the 6th Sun. During this shift from one Sun to the otherâ ”from one cosmic configuration to anotherâ ”the influence of both Suns is equally present, as is the case when the seasons change. The 5th Sun maintained its prevalence until December 21st, 2012, when the two energies were in perfect balance. The old Sun will gradually lose its strength, and from 2021 its successor shall reign for thousands of years. This shift is also a shift in human consciousness, in our understanding of how we relate to the whole of existence. In the last era (Sun) humans attempted to dominate nature and other beings, but under the new Sun we will have to comply with the wisdom and ways of nature, bringing respect and balance back into all of our relationships. Sacred instructions on how to support and live these changes are now being made available, at the precise time stipulated by the Aztec prophecy of Cuauhtemoc in 1521, (great Aztec ruler after Montezuma). The custodians of this 1,460 old uninterrupted oral tradition now reveal this ancient wisdom to the world, in written form, for the very first time. This book contains breathing exercises, poses and other ancient practices that are based on cosmic mathematics which show us how to realign ourselves with the universe, Earth and the elements, and with our highest nature so that we can take responsibility for the sacredness of life and move successfully through this transition from one Sun to the next. These teachings show us how to work with our shadowâ ”our unconsciousâ ”and from the dreaming state."

Book Information

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Customer Reviews

The review title uses 'fractal fragments' because you get some insights into Mexica thought through the terminology and other mental concepts. I am using the word 'knowledge' rather than 'wisdom' here because much of these concepts are not entirely related together at least as presented in this book. I have no doubt the author has teachers in one or more authentic lineages, however the material is a rather dry read and is not integrated, it does not flow. Any mystical path will include, very clearly, elements of focus on the breath, and the four or five elements of earth, water, fire, air, and sometimes ether. In the Mexica/Azteca lineage, these elements are also related to the multi-dimensional 'Maya-Aztec Calendar' which is an encoded system of not only history but also mythology and is itself a visual bible of personal spiritual development. This integration and smooth focus and bundling of these topics never made it to a blossoming within the current editing of the material in this book. In fact, I would start with someone like Miktlan Ehekateotl Kuahtlinxan (Serpent And The Sun Tales of an Aztec Apprentice) to give you a better flavor of how the Mexica lineage is carried forward today rather than try and make the slog through this book your first stop. The few practical exercises in Chapters 8 and 9 have minimal explanations and relations to the concepts in this book. It's like trying to learn Karate from a book. You really need to have at least videos to first explain the context of the practice, then the preparation, the practice, and how to integrate.

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